

Want to make a difference?

Take ↘



MENTAL
HEALTH
FIRST AID®

MENTALHEALTHFIRSTAID.ORG

Suicide is the 2nd leading cause of death among Tennessee's young people (10-24 years old). That's why it's so important for all adults that impact the lives of youth in ANY way to take Youth Mental Health First Aid, an 6-hour course that teaches participants how to help adolescents experiencing a mental health or substance use challenge.

What it covers...

- Assessing for risk of suicide or harm.
- Breaking down the bias against people living with mental illnesses, addictions and suicidal thinking.
- Reaching out to those who suffer in silence, reluctant to seek help.
- Informing individuals struggling with mental illnesses and addictions that support is available.
- Providing community resources.
- Making behavioral health care and treatment accessible to thousands in need.

Register [HERE](#) for the virtual training on October 8th, 2021, 8:30 AM to 3:30 PM or

Register [HERE](#) for the virtual training on October 22nd, 2021, 8:30 AM to 3:30 PM

For more information, please contact Ashley Young
at ayoung@tnvoices.org.



800.670.9882 | www.tnvoices.org | tvc@tnvoices.org

*This training does not offer Continuing Education Units (CEUs), but a certificate of participation will be provided for 6 hours.