

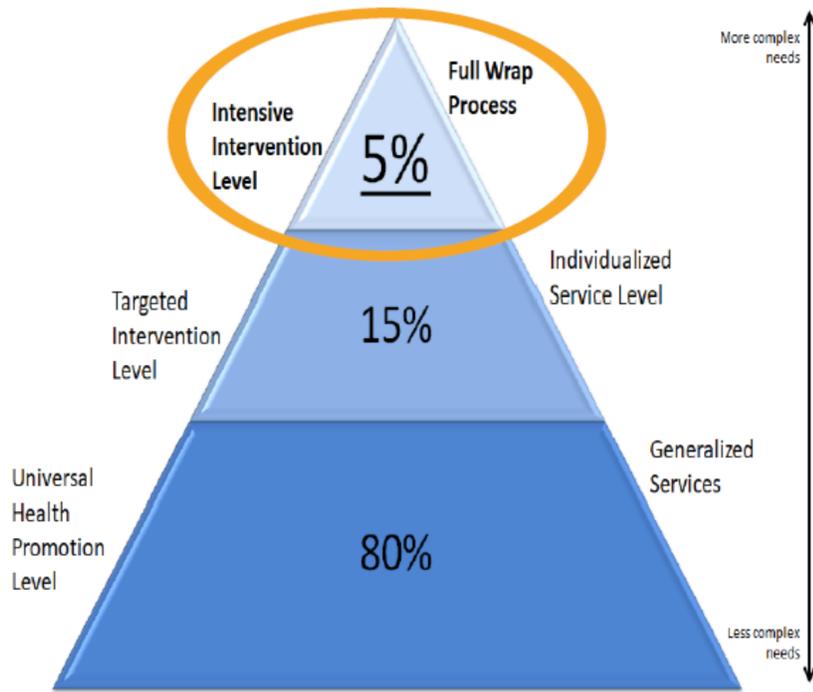
System of Care Across Tennessee (SOCAT) October 2017 - September 2020

This report contains data for the entirety of the SOCAT initiative through September 29, 2020.

What is SOCAT?

SOCAT exists to ensure Tennessee families have access to community-based services for children, youth, and young adults with mental, emotional, and behavioral health needs that is:

- coordinated across systems;
- individualized to a family's unique needs, strengths, and culture; and
- where the families are the primary decision makers in the care of their children.



SOCAT has enrolled

333*

children,
youth, and
young adults

*as of 9/29/20

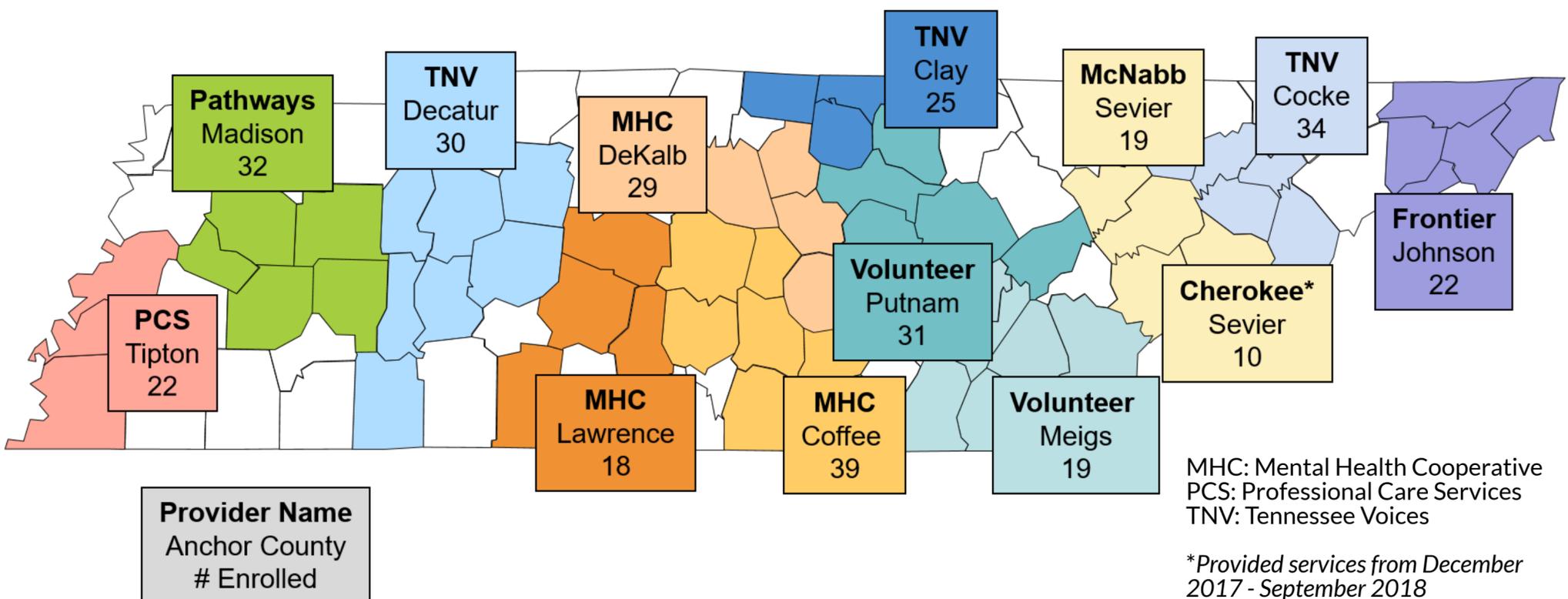
Who is served by SOCAT?

SOCAT aims to serve children, youth, and young adults in need of intensive intervention. Those eligible will:

- have a serious emotional disturbance (SED) or severe mental illness (SMI);
- be at risk of out-of-home placement;
- have multiple system involvement; and
- were previously involved in interventions that did not achieve the desired results.

SOCAT utilizes High Fidelity Wraparound to facilitate the recovery process.

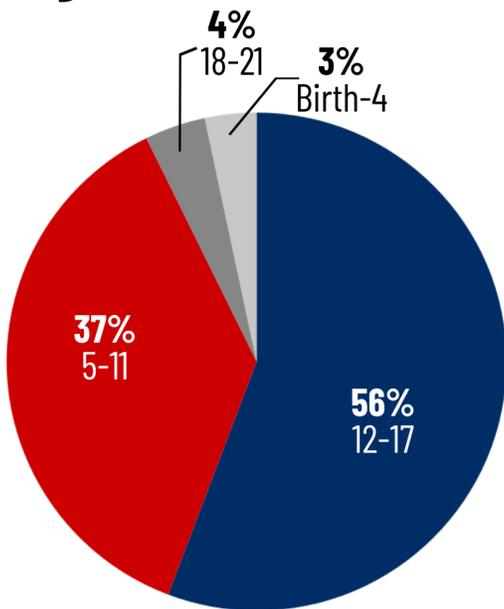
SOCAT has served **58** counties!



Who SOCAT served: Demographics

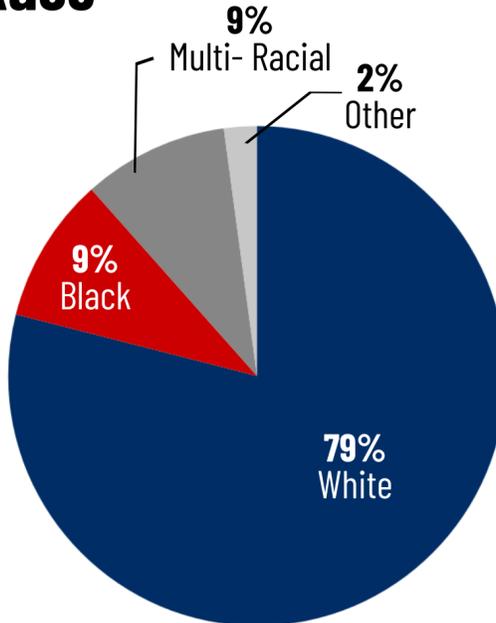
Source: National Outcomes Measures (NOMs)

Age



Mean age = 12.6 years

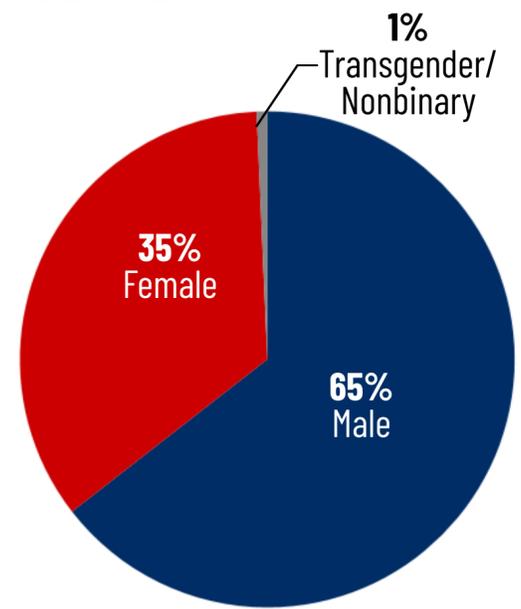
Race



Ethnicity

Hispanic/Latino = 7

Gender



28% had a family member or close friend actively serving in the military.



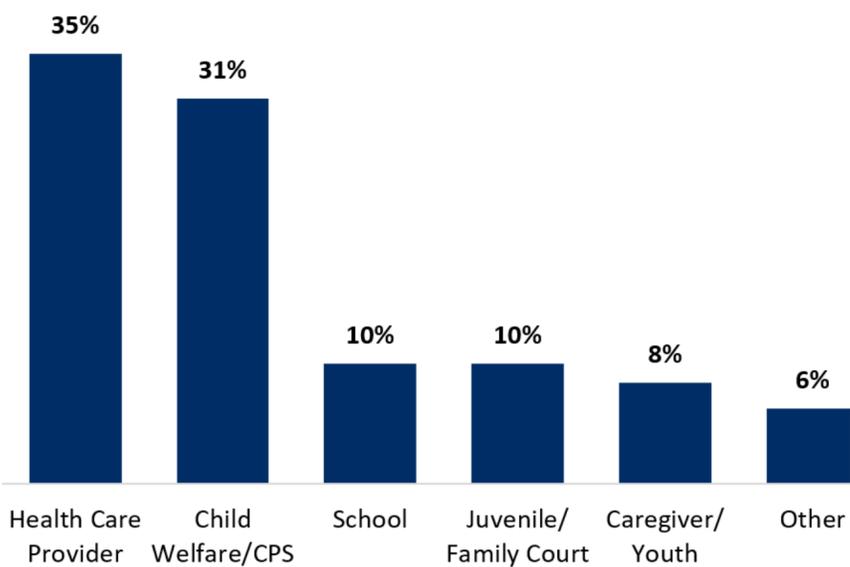
89% live with their caregiver or in their own owned or rented dwelling.

Who SOCAT served: Referrals and diagnoses

Source: Local Evaluation Administration Tool

Referral Source

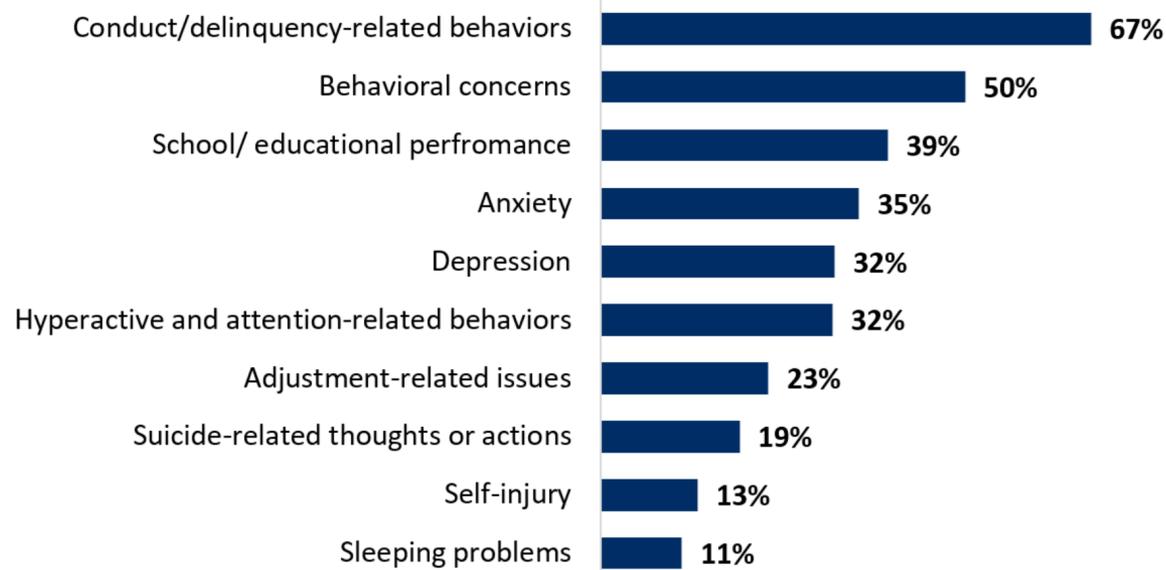
n = 329



Top 10 Referral Reasons

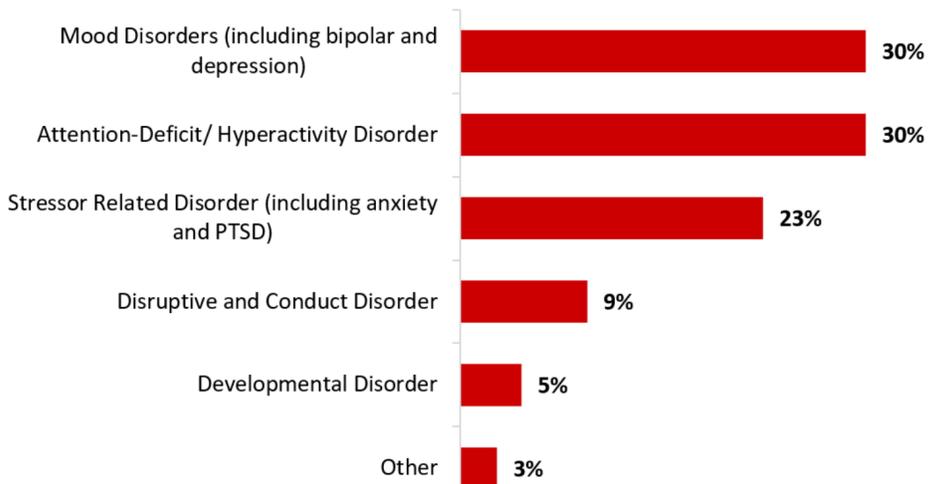
n = 330

(more than one reason could be selected)



Primary Diagnosis

n = 327



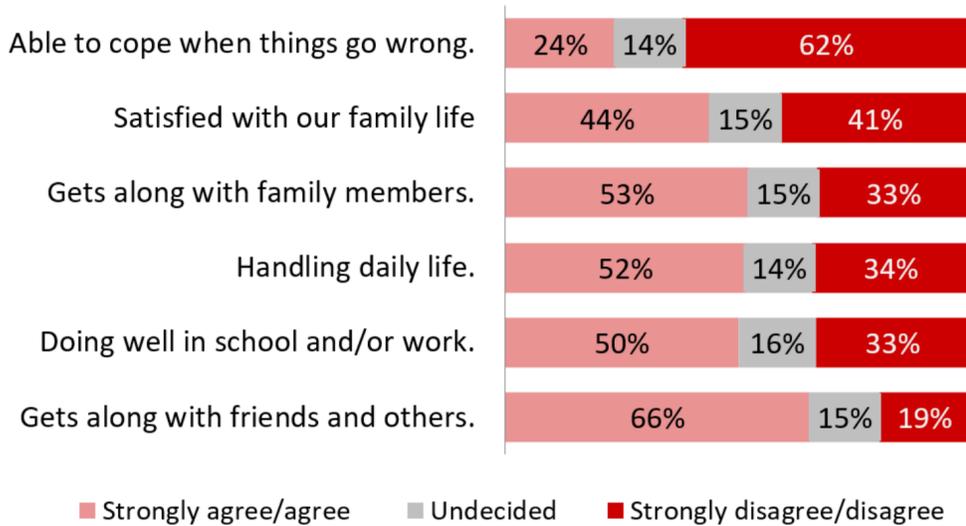
- Questions were asked about referrals and diagnosis on the Local Evaluation instruments.
- **Health care providers** and **child welfare** accounted for 66% of the referrals.
- **Conduct, behavioral concerns, and school performance** were the top reasons for referrals.
- The most prevalent diagnoses were **mood disorders** (including bipolar and depression) and **attention-deficit/hyperactivity disorder**.

What issues SOCAT participants face

Source: Intake National Outcomes Measures (NOMs)

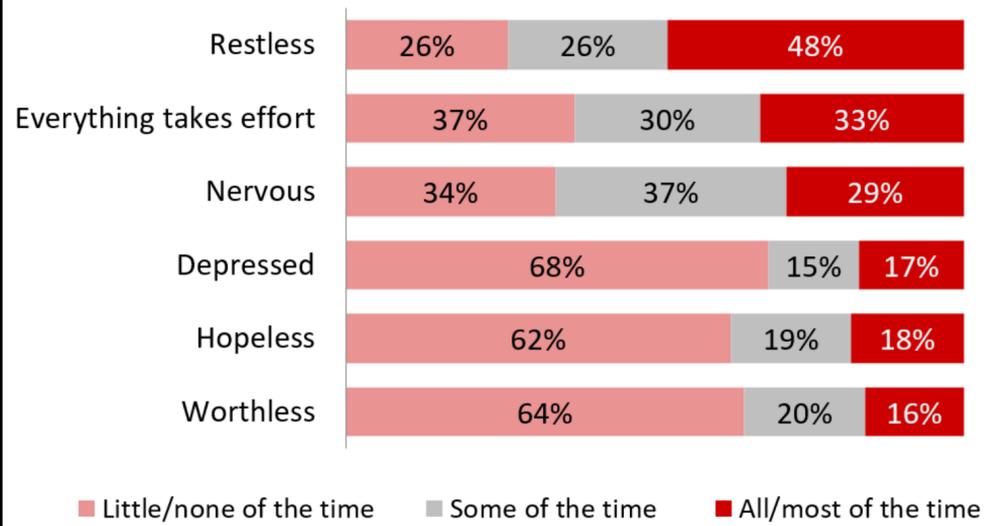
How well were you able to deal with everyday life during the past 30 days?

n = 330



During the last 30 days, about how often did you feel...

n = 171 †



† Only SOCAT participants over the age of 11 answer questions about feelings.

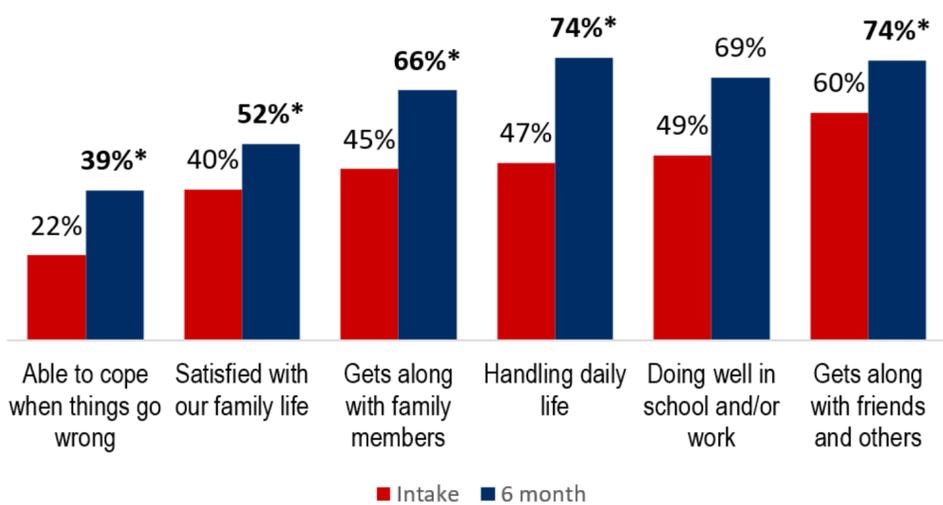
- The National Outcome Measures (NOMs) measures aspects of SOCAT participants' functioning and wellbeing.
- Children, youth, and young adults tended to report the most problems with **coping when things go wrong** (62%), **satisfaction with family life** (41%), and **getting along with family members** (33%).
- **48%** of SOCAT youth and young adults struggled with feeling **restless** all or most of the time.
- **33%** of participants reported **everything taking an effort** all or most of the time.

What changes SOCAT participants made

Participants were reassessed after six months in SOCAT.

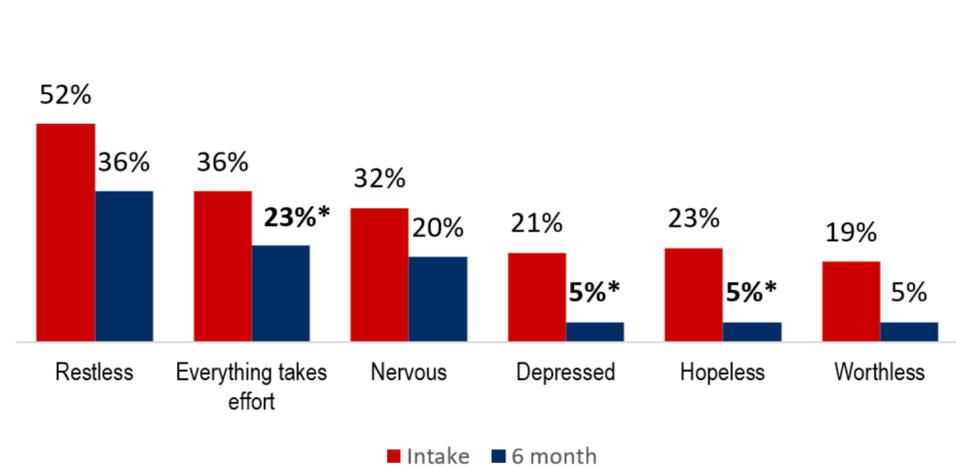
How well were you able to deal with everyday life during the past 30 days? (Strongly agree or agree)

n = 152



During the last 30 days, about how often did you feel... (All or most of the time)

n = 82 †



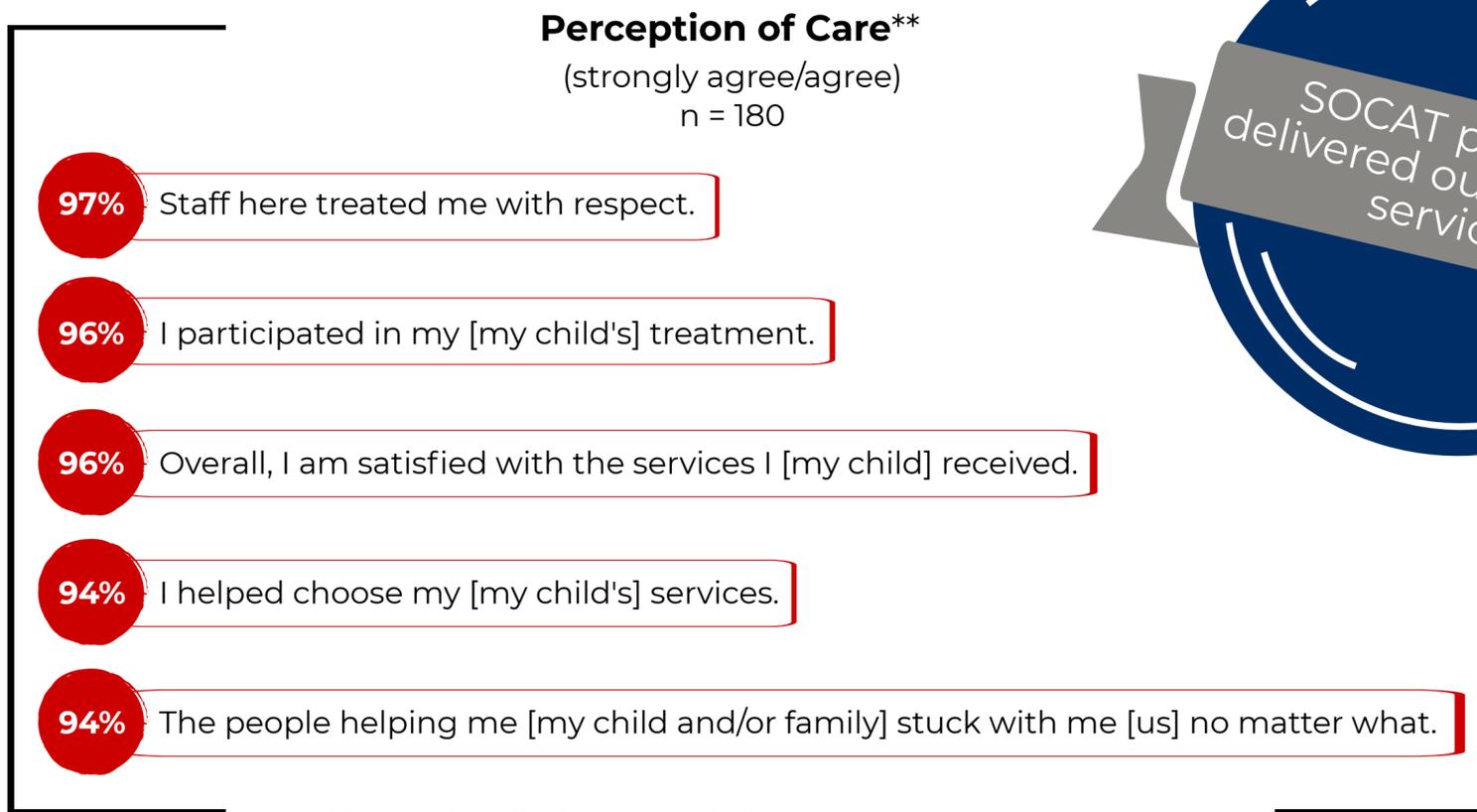
* Indicates that the average rating changed by a statistically significant (p<.05) amount between intake and 6 months.

† Only SOCAT participants over the age of 11 answer questions about feelings.

- SOCAT participants reported **improvements in every area of functioning**, with the biggest improvements in handling daily life and getting along with family members.
- SOCAT participants reported **fewer negative feelings** overall.

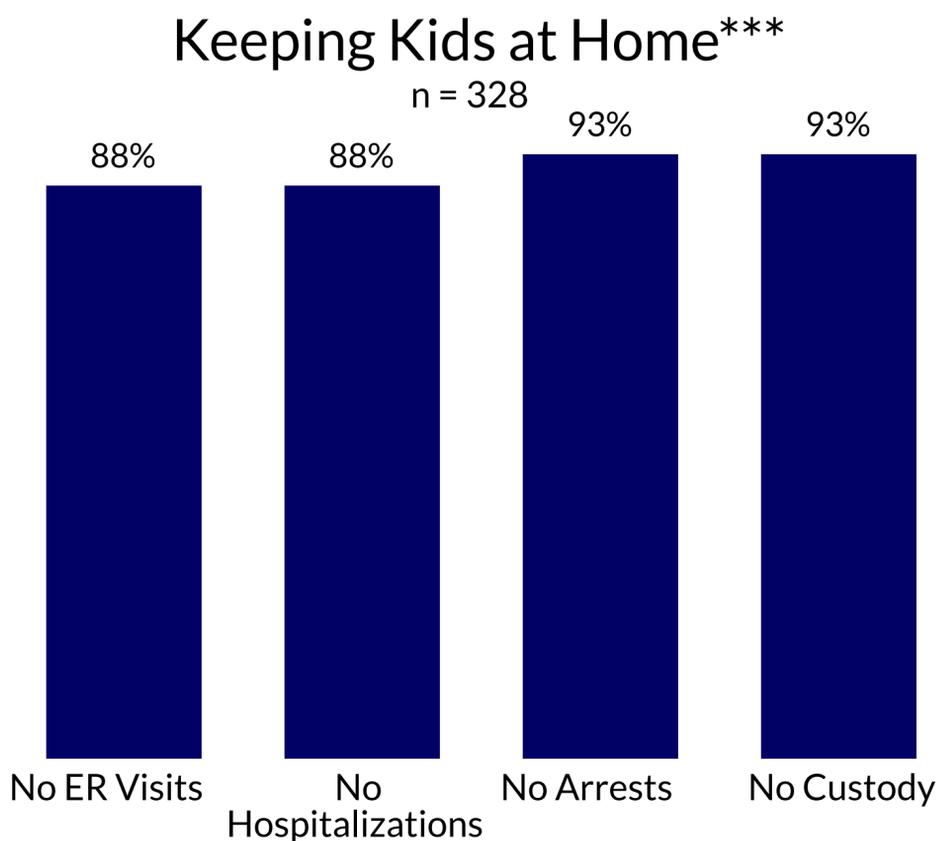
How SOCAT participants feel about services

Source: National Outcomes Measures (NOMs)



** Includes discharge and six month reassessments

How SOCAT impacts participants staying at home



SOCAT keeps children, youth, and young adults at home.



Every month, providers report the number of children, youth, and young adults who:

- Receive hospital or residential treatment for behavioral health reasons.
- Have behavioral health emergency room (ER) visits.
- Are taken into custody.
- Are arrested.

***Cumulative data through September 29, 2020

Observations:

- SOCAT is in **61%** of Tennessee counties.
- SOCAT children, youth, and young adults demonstrated **improvement in functioning and psychological symptoms.**
- Participants and families are **satisfied with SOCAT services.**
- Children, youth, and young adults in SOCAT have **low rates of hospitalization and ER visits,** as well as **reduced loss of custody and juvenile justice involvement.**

For more information about this report, contact SOCATeval@centerstone.org