

**Parents and Caregivers,
You are your child's first
and most important teacher.**

It only takes a few minutes of your time every day to help your child learn the skills needed to be ready for kindergarten.

Help your child with the activities in this book and take it to any Memphis Public Library. Your child will get a free children's book.

The UCI Team

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I am growing and learning!

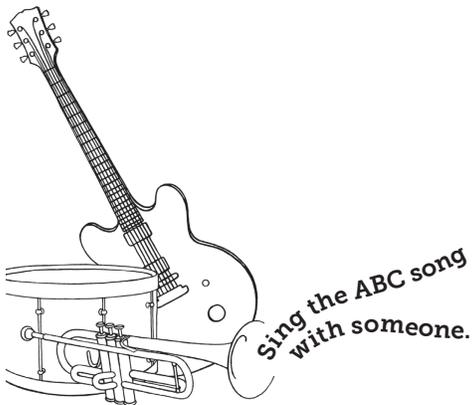
Children Ages 3-5:
Complete the activities in this booklet
and take it to any Memphis Public Library
to get a free children's book.

 Parent, help your child
write his or her name.

My name is:

First name:

Last name:



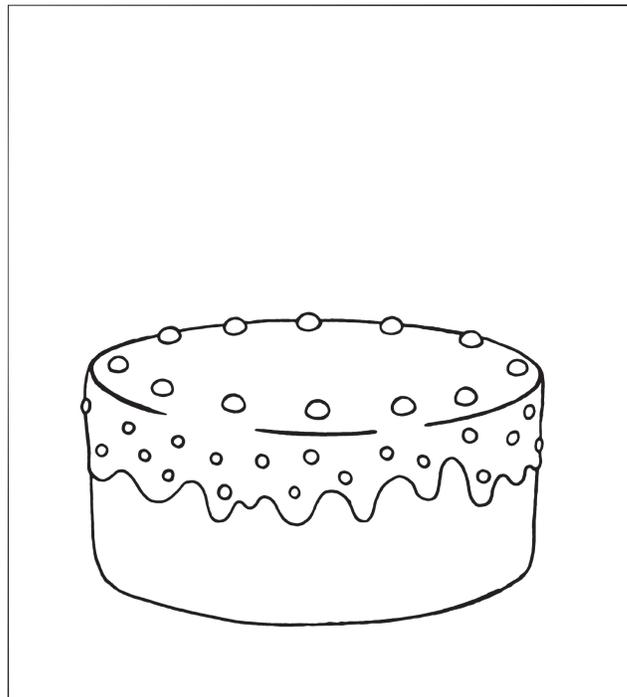
Color the first letter of
your first and last name
in your favorite colors. 

A B C D E F
G H I J K L M
N O P Q R S T
U V W X Y Z

I am a big kid.

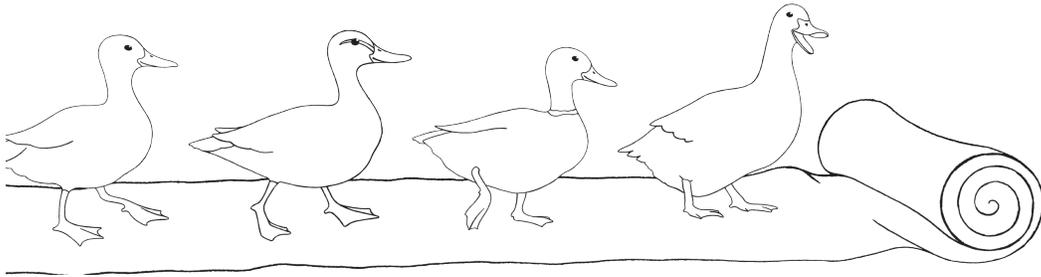
**How old are
you?**

Draw the candles that
will go on your next
birthday cake.



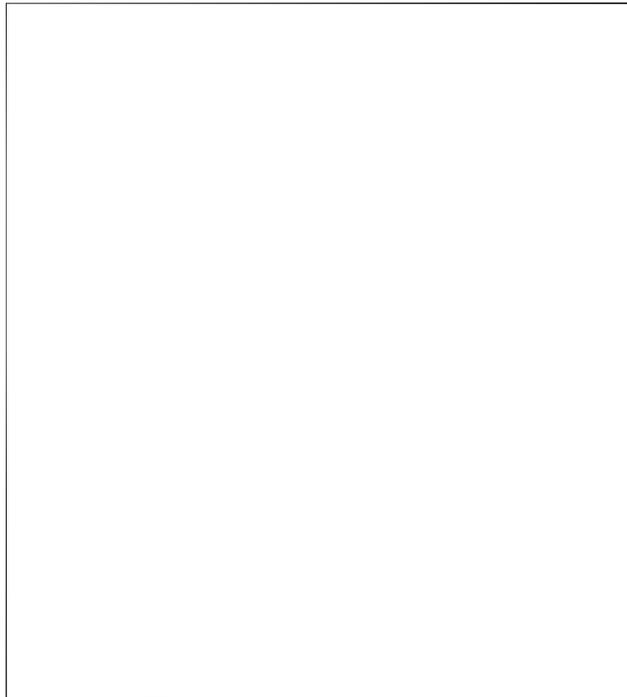
1 2 3 4 5
6 7 8 9 10

*Circle the number of Peabody ducks
you see on this page.*

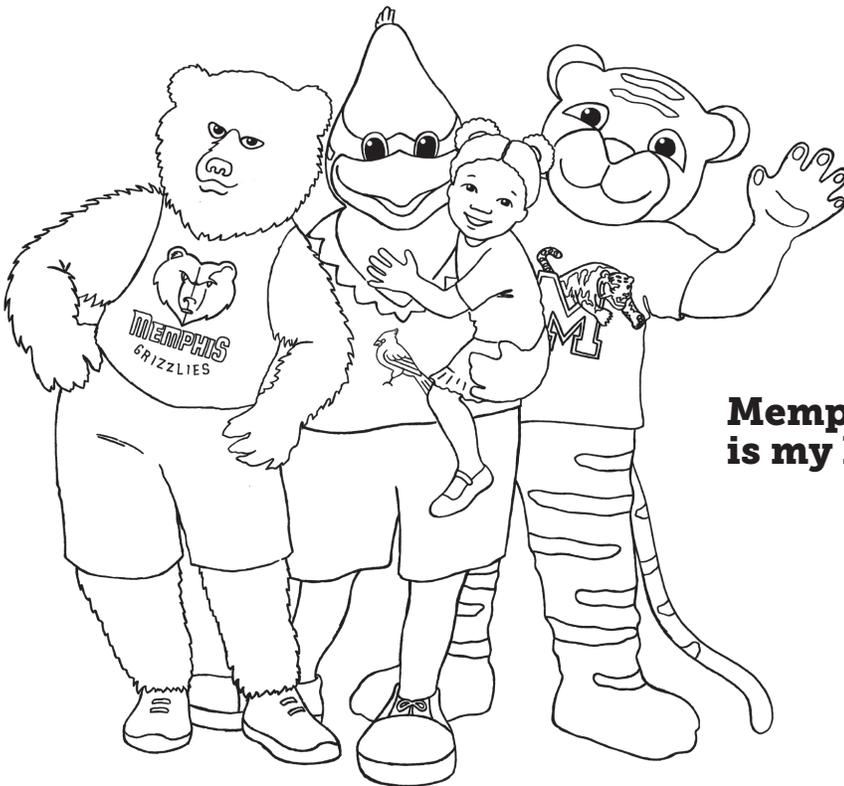


**Me and
my family**

Families are all different.
Draw a picture of you
and your family.



**I can say "good-bye"
- until you come back.**



**Memphis
is my home.**

Fun things to do in Memphis.

Play at the Children's Museum of Memphis. 😊

See the animals at the Memphis Zoo. 😊

Watch the ducks march at the Peabody Hotel. 😊

Ride the Main Street Trolley. 😊

Explore *My Big Backyard* at the Memphis Botanic Gardens. 😊

Dance at a free concert at the Levitt Shell. 😊

Play outside at Shelby Farms or your neighborhood park. 😊

Check out a Memphis history or art museum like the Pink Palace or the Brooks Museum of Art. 😊

Walk the Mississippi River at Mud Island River Park. 😊

Get a library card and check out a book at the Memphis Public Library. 😊

Visit your neighborhood elementary school. 😊

Which places have you visited?
Color the smileys.

Can you find some of these places in this book?



It's ok to have different feelings.

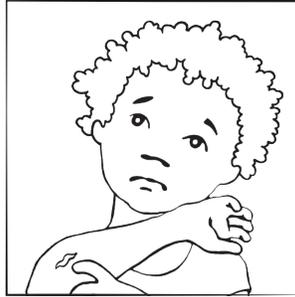
I can ask for help.

See how these children are asking for help?
How would you ask for help?



I am hungry.

Can I please have a snack?



I am hurt.

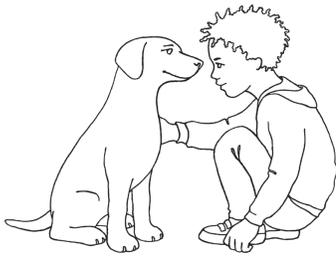
Can I please have a bandage?



I am angry.

Can you please listen to me?

Which children should wash their hands when they are finished?
Circle the pictures.

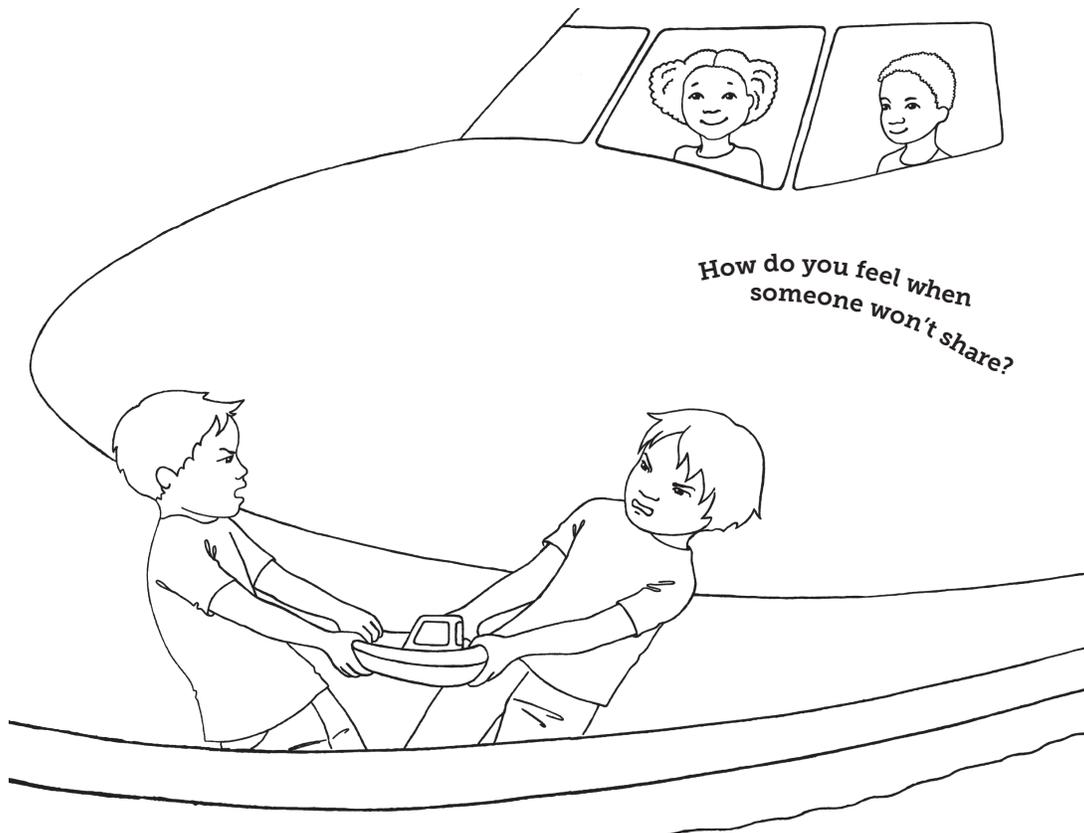


**Washing my hands
keeps me healthy.**



I can share.

**Circle the kids who are sharing.
Who is not sharing?**



I need quiet time once a day.



Some kids take a nap. Some kids look at a book.
Some kids do a quiet activity.



 Parent, write in the time on the clock when your child usually rests each day.

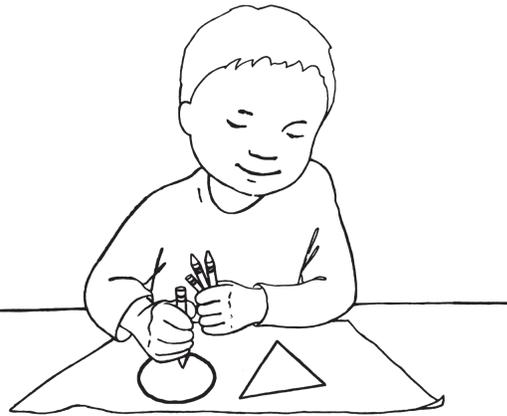
**It's fun to
make things
with my own
two hands.**



 Parent, trace your child's hand here.



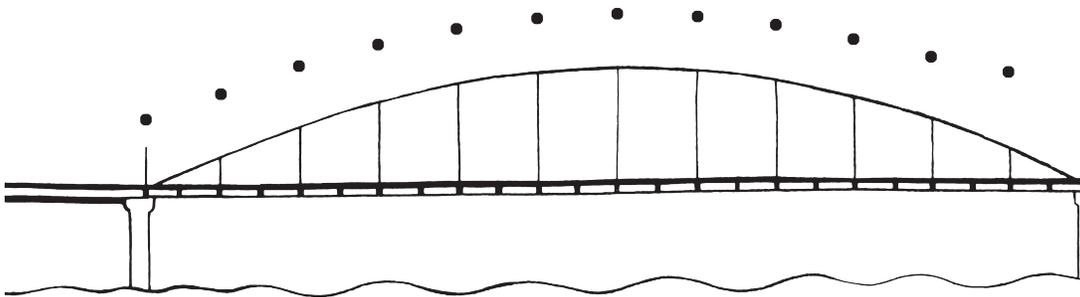
How many circles ○
do you see on this page?
How many triangles △?



What shape did the girl cut?
What shape is the boy coloring?

I can follow directions!

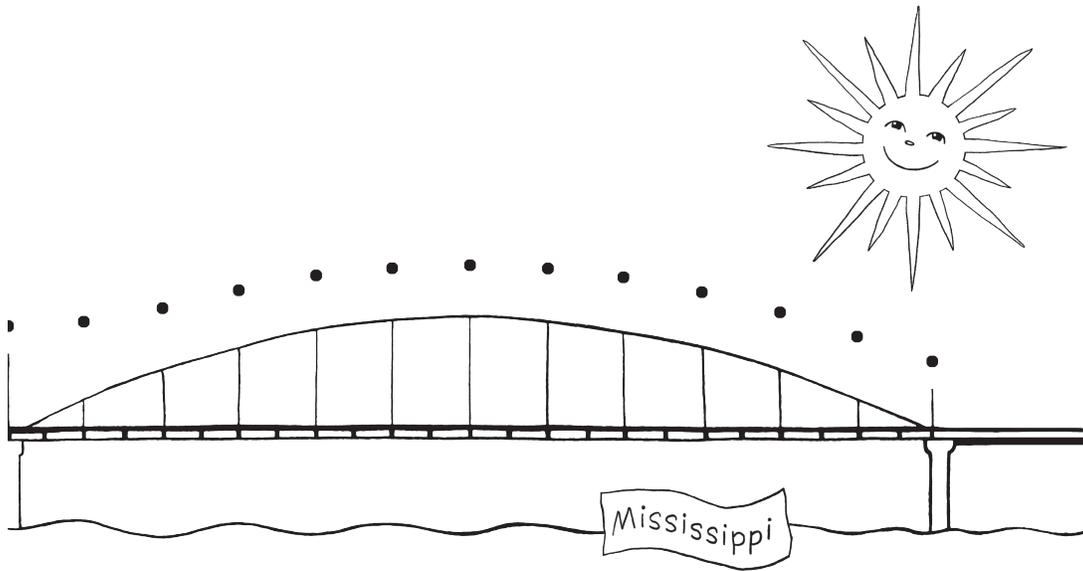
Connect the dots on
the top of the bridge.



Color the river blue.

Color the sun yellow.

Color the bird red.



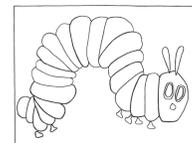
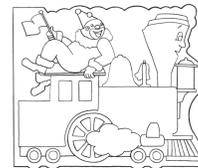
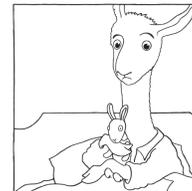
**Mississippi starts with M.
Memphis starts with M.**



Parent, help your child think of other words that start with the same sound.

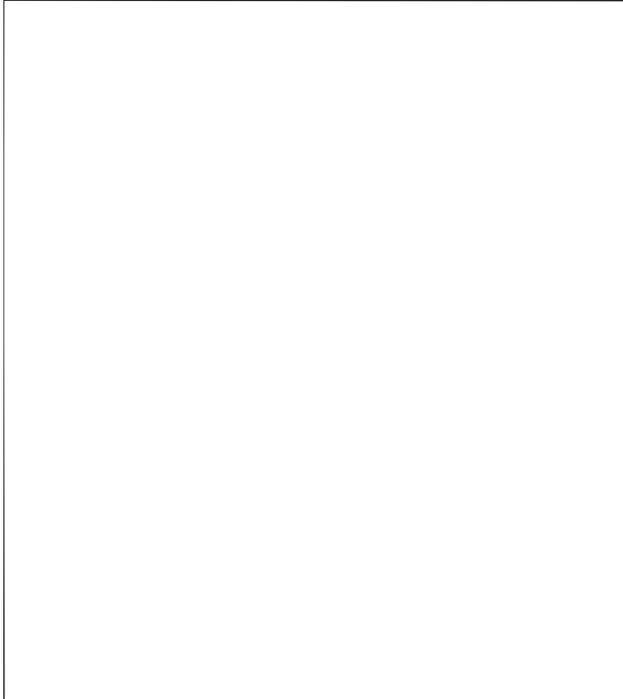


**I love to listen
to a story!**



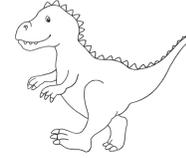
**TIP: Shelby County
Books From Birth**

One free book each month
for all Shelby County chil-
dren from birth to age five.
Enroll your child today.
(901) 820-4501 or online:
www.booksfrombirth.org



What do you like to read about?

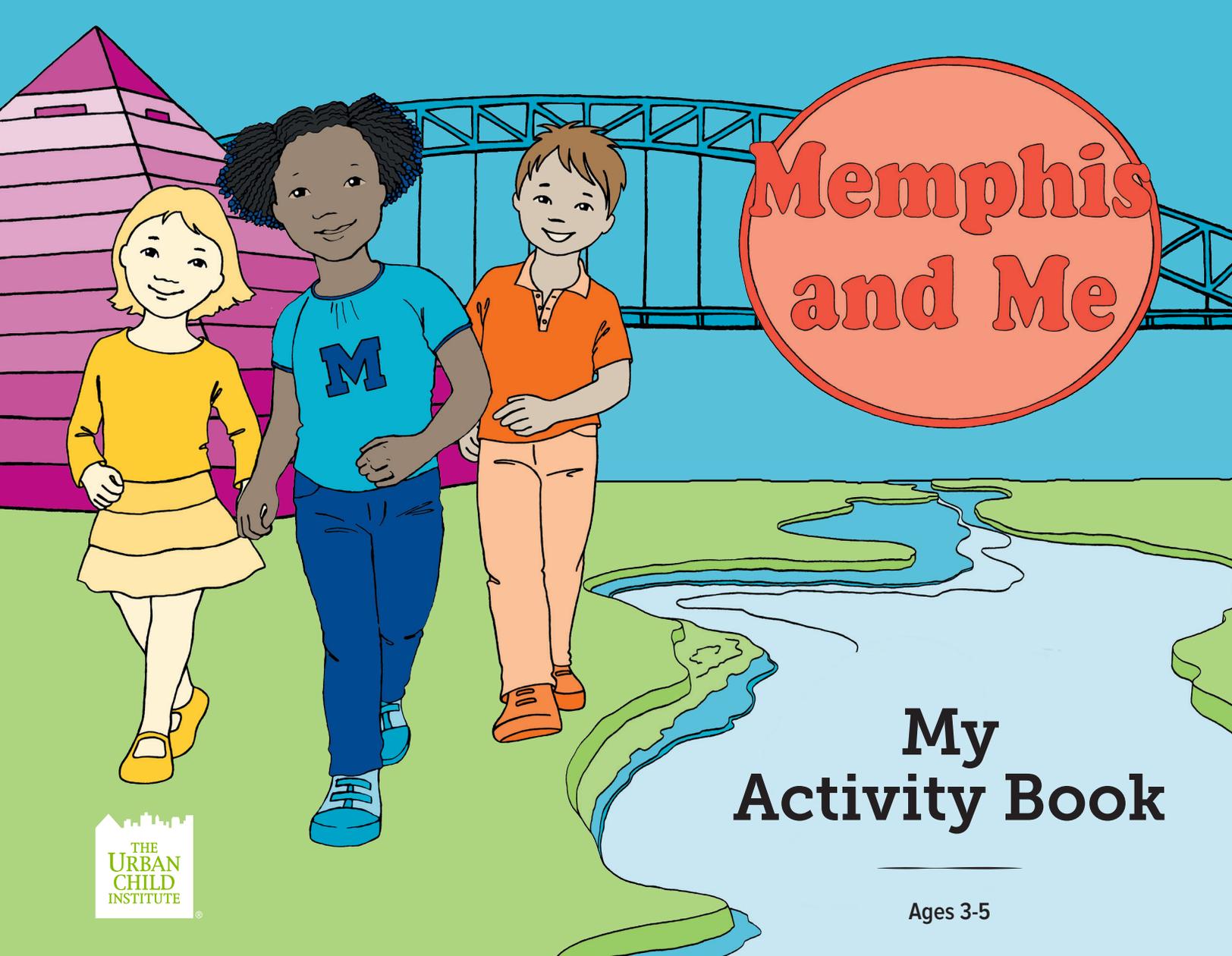
Draw a picture of it here.



Is your child ready for Kindergarten?

Kindergarten teachers and child development experts suggest that a new kindergartener should:

- ☺ Know her first and last names and her parents' first and last names.
- ☺ Recognize letters (lowercase and uppercase) and numbers (up to 10).
- ☺ Know basic colors and shapes.
- ☺ Use the bathroom and wash his hands all by himself.
- ☺ Solve problems without hitting, biting, or yelling.
- ☺ Follow instructions from teachers and parents.
- ☺ Communicate wants and needs (hunger, pain, confusion) through words.
- ☺ Be comfortable being apart from her parents during the school day.
- ☺ Sit quietly for short periods of time.
- ☺ Be curious and interested in activities like story and art time.



Memphis and Me

My Activity Book



Ages 3-5